

# "EFFECTIVENESS OF MULTIPLE INTELLIGENCE, SELF-EFFICACY & PSYCHOSOCIAL SKILLS PROGRAM FOR ENHANCING TEACHER'S TEACHING COMPETENCY "

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**\*Abstract: \***

This article examines the effectiveness of programs designed to enhance teachers' teaching competency through the development of multiple intelligence self-efficacy and psychosocial skills. The study investigates various interventions aimed at empowering teachers to cultivate a diverse range of intelligences and improve their psychosocial skills, thereby impacting their overall effectiveness in the classroom. Drawing on empirical evidence and theoretical frameworks, the analysis explores how these programs contribute to enhancing pedagogical practices, fostering inclusive learning environments, and promoting professional growth among educators. The findings underscore the importance of targeted interventions in equipping teachers with the necessary skills and confidence to meet the diverse needs of students effectively.

**\*Keywords for the Research Study: \***

1. Multiple intelligence
2. Self-efficacy
3. Psychosocial skills
4. Professional development
5. Teaching competency
6. Classroom dynamics
7. Student engagement
8. Learning outcomes
9. Educational effectiveness
10. Mixed-methods research

**\*Needs of the Research Study: \***

1. **\*Enhancing Teaching Competency: \*** There is a pressing need to enhance teachers' overall competency in teaching by exploring innovative approaches such as multiple intelligence self-efficacy and psychosocial skills programs. These initiatives aim to equip educators with diverse pedagogical strategies that cater to the varied learning needs of students.
2. **\*Addressing Diverse Learning Needs: \*** Students exhibit diverse learning styles and abilities influenced by multiple intelligences. Effective teaching requires educators to

understand and leverage these differences to create inclusive and effective learning environments. Investigating the impact of specialized programs can provide insights into how teachers can better address these diverse needs.

3. **\*Promoting Professional Development:** \* Professional growth among educators is crucial for maintaining high-quality teaching standards. Programs focusing on multiple intelligences and psychosocial skills offer opportunities for continuous professional development, enabling teachers to refine their instructional practices and interpersonal competencies.
4. **\*Improving Classroom Dynamics:** \* Psychosocial skills encompass emotional intelligence, communication, and classroom management—critical components for fostering positive classroom dynamics. Researching the effectiveness of interventions in these areas can contribute to creating supportive and engaging learning environments that enhance student outcomes.
5. **\*Contributing to Educational Theory and Practice:** \* By examining the outcomes and methodologies of programs aimed at enhancing teaching competency through multiple intelligence and psychosocial skill development, this research aims to contribute empirical evidence and theoretical insights to the field of education. Such contributions can inform policy decisions and shape future educational practices.
6. **\*Meeting Contemporary Educational Challenges:** \* In an era characterized by rapidly evolving educational challenges and technological advancements, teachers require robust skills beyond traditional pedagogical knowledge. This study seeks to address these contemporary challenges by investigating cutting-edge approaches to teacher training and development.

In summary, this research study aims to fulfil the needs of enhancing teaching competency, addressing diverse learning needs, promoting professional development, improving classroom dynamics, contributing to educational theory and practice, and meeting contemporary educational challenges through the exploration of multiple intelligence self-efficacy and psychosocial skills programs for teachers.

**\*Objectives of the Research Study: \***

1. **\*Evaluate the Impact:** \* Assess the effectiveness of programs designed to enhance teachers' teaching competency through the development of multiple intelligence self-efficacy and psychosocial skills.
2. **\*Examine Pedagogical Practices:** \* Investigate how these programs influence and improve teachers' pedagogical practices in diverse classroom settings.
3. **\*Assess Student Engagement and Learning Outcomes:** \* Measure the impact of enhanced teaching competency on student engagement, learning outcomes, and academic achievement.

4. \*Explore Professional Development: \* Examine the role of these programs in promoting continuous professional development among educators, focusing on their adaptation to evolving educational contexts.
5. \*Analyse Classroom Dynamics: \* Analyse how improved psychosocial skills contribute to positive classroom dynamics, including aspects such as classroom management, communication, and emotional intelligence.
6. \*Contribute Empirical Evidence: \* Provide empirical evidence and insights into the efficacy of targeted interventions aimed at developing multiple intelligences and psychosocial skills among teachers.
7. \*Inform Educational Policy and Practice: \* Offer recommendations based on research findings to inform educational policy and practice related to teacher training and professional development.
8. \*Enhance Inclusive Teaching Practices: \* Explore how these interventions support inclusive teaching practices that cater to the diverse learning needs and abilities of students.
9. \*Advance Educational Theory: \* Contribute to the theoretical understanding of how multiple intelligences and psychosocial skills influence teaching effectiveness and student learning outcomes in educational contexts.
10. \*Address Contemporary Educational Challenges: \* Investigate how these programs help teachers meet contemporary educational challenges, such as technological integration, cultural diversity, and changing student demographics.

By pursuing these objectives, this research study aims to provide valuable insights and contribute to the enhancement of teaching quality and educational outcomes through targeted professional development initiatives for teachers.

**\*Assumptions of the Research Study: \***

1. \*Assumption of Program Efficacy: \* The research assumes that programs designed to enhance teachers' teaching competency through multiple intelligence self-efficacy and psychosocial skills development are effective in improving instructional practices and classroom dynamics.
2. \*Assumption of Teacher Engagement: \* It is assumed that teachers participating in these programs will actively engage with and implement the strategies and skills taught, thereby impacting their teaching effectiveness.
3. \*Assumption of Student Response: \* The study assumes that improvements in teachers' competency and classroom dynamics will positively influence student engagement, motivation, and learning outcomes.
4. \*Assumption of Transferability: \* There is an assumption that skills and knowledge gained from these professional development programs are transferable across different educational settings and contexts.

5. \*Assumption of Professional Growth: \* It is assumed that participation in these programs contributes to the ongoing professional growth of teachers, enhancing their ability to adapt to changing educational landscapes and student needs.
6. \*Assumption of Resource Availability: \* The study assumes access to adequate resources and support systems necessary for implementing and sustaining these professional development initiatives effectively.
7. \*Assumption of Program Design: \* There is an assumption that the design and structure of the programs align with best practices in teacher training and development, ensuring relevance and applicability to real-world classroom scenarios.
8. \*Assumption of Measurement Validity: \* It is assumed that the instruments and methodologies used to measure the impact of these programs on teaching competency, classroom dynamics, and student outcomes are valid and reliable.
9. \*Assumption of Stakeholder Collaboration: \* The study assumes collaboration and support from stakeholders such as educational institutions, policymakers, and teachers' associations in facilitating the implementation and evaluation of these programs.
10. \*Assumption of Ethical Considerations: \* Ethical considerations, such as confidentiality of participants and voluntary participation, are assumed to be carefully addressed throughout the research process.

These assumptions provide a foundational basis for conducting the research study on the effectiveness of multiple intelligence self-efficacy and psychosocial skills programs in enhancing teachers' teaching competency and improving educational outcomes.

**\*Hypotheses of the Research Study: \***

1. \*Main Hypotheses: \*
  - \*Hypothesis 1: \* Teachers who participate in programs aimed at enhancing multiple intelligence self-efficacy will demonstrate improved instructional practices compared to those who do not participate.
  - \*Hypothesis 2: \* Teachers who undergo training in psychosocial skills will exhibit better classroom management and interpersonal dynamics than those who do not receive such training.
2. \*Secondary Hypotheses: \*
  - \*Hypothesis 3: \* Enhanced teaching competency, resulting from multiple intelligence self-efficacy and psychosocial skills development, will positively correlate with increased student engagement in the classroom.
  - \*Hypothesis 4: \* Students taught by teachers with improved teaching competency will demonstrate higher academic achievement and improved learning outcomes compared to students whose teachers have not undergone such training.
3. \*Exploratory Hypotheses: \*

- \*Hypothesis 5: \* The effectiveness of the programs in enhancing teaching competency will vary based on factors such as teacher experience, educational context, and institutional support.
- \*Hypothesis 6: \* Continuous professional development in multiple intelligences and psychosocial skills will contribute to long-term improvements in teaching practices and student outcomes.

These hypotheses form the basis for testing the impact and effectiveness of multiple intelligence self-efficacy and psychosocial skills programs on teachers' teaching competency and classroom dynamics, as well as their influence on student engagement and academic achievement. Through rigorous empirical investigation, the study aims to validate these hypotheses and contribute valuable insights to the field of educational research and practice.

**\*Variables Included in the Research Study: \***

1. \*Independent Variables: \*
  - \*Multiple Intelligence Self-Efficacy Programs: \* Participation or non-participation in programs designed to enhance teachers' self-efficacy in utilizing multiple intelligences in teaching.
  - \*Psychosocial Skills Development Programs: \* Participation or non-participation in programs aimed at improving teachers' psychosocial skills such as emotional intelligence, communication, and classroom management.
2. \*Dependent Variables: \*
  - \*Teaching Competency: \* Measured by assessing teachers' instructional practices, ability to cater to diverse learning needs, and adaptation of multiple intelligences theory in teaching.
  - \*Classroom Dynamics: \* Assessed through indicators such as classroom management effectiveness, interpersonal interactions with students, and overall classroom environment.
  - \*Student Engagement: \* Quantified by levels of student participation, interest in learning activities, and perceived motivation in the classroom.
  - \*Student Learning Outcomes: \* Academic achievement and performance of students in subjects taught by teachers who participated in the programs compared to those who did not.
3. \*Control Variables: \*
  - \*Teacher Characteristics: \* Factors such as age, gender, years of teaching experience, and subject specialization.
  - \*Educational Context: \* Variables related to the type of school (public/private), student demographics, and geographical location.
  - \*Prior Professional Development: \* Previous participation in other professional development activities or training sessions.
  - \*Support Systems: \* Availability of resources, administrative support, and institutional policies supporting professional development initiatives.

4. \*Mediating Variables (Potential): \*
  - \*Teacher Motivation and Commitment: \* Levels of motivation and commitment towards implementing new teaching strategies and improving classroom dynamics.
  - \*Perceived Self-Efficacy: \* Teachers' beliefs in their capabilities to apply newly acquired skills and knowledge in teaching practices.
  - \*Student-Teacher Relationships: \* Quality of relationships between teachers and students influencing classroom dynamics and student engagement.

These variables will be systematically analysed to explore relationships, impacts, and interactions within the context of the research study on enhancing teachers' teaching competency through multiple intelligence self-efficacy and psychosocial skills programs. The study aims to provide comprehensive insights into the effectiveness of these interventions and their implications for educational practice and policy.

**\*Limitations of the Research Study: \***

1. \*Generalizability: \* The findings may not be fully generalizable beyond the specific educational contexts, demographics, and settings where the study is conducted.
2. \*Self-Reporting Bias: \* Data collected through self-reporting methods (such as surveys or self-assessments) may be subject to bias, including social desirability bias where participants may respond in a way they perceive as favourable.
3. \*Short-term Focus: \* The study's timeframe may limit the ability to assess long-term impacts of the programs on teaching competency, classroom dynamics, and student outcomes.
4. \*Selection Bias: \* There may be biases in the selection of participants for the programs or in the recruitment of teachers and students participating in the study, which could influence the results.
5. \*Resource Constraints: \* Limited resources, including funding and time, may restrict the scope and depth of the interventions and data collection methods used in the study.
6. \*Measurement Validity: \* The validity and reliability of measurement tools used to assess teaching competency, classroom dynamics, student engagement, and learning outcomes could impact the accuracy and interpretation of the results.
7. \*External Factors: \* External factors such as changes in educational policies, socio-economic conditions, or technological advancements during the study period may affect the outcomes observed.
8. \*Ethical Considerations: \* Ethical considerations related to participant confidentiality, voluntary participation, and informed consent must be carefully managed to mitigate potential ethical challenges.
9. \*Teacher Variability: \* Variability in teacher characteristics, teaching styles, and prior experiences could influence the outcomes of the programs and subsequent research findings.

10. \*Causal Inference: \* Establishing causal relationships between participation in the programs and observed outcomes may be challenging due to potential confounding variables or alternative explanations.

Acknowledging these limitations is essential for interpreting the results of the research study accurately and for considering avenues for future research to address these challenges and expand knowledge in the field of teacher professional development and educational effectiveness.

**\*Research Methods: \***

The research study employs a mixed-methods approach to comprehensively investigate the effectiveness of multiple intelligence self-efficacy and psychosocial skills programs in enhancing teachers' teaching competency. This approach allows for the integration of quantitative data to measure outcomes such as teaching competency, classroom dynamics, student engagement, and learning outcomes, alongside qualitative data to explore the perceptions and experiences of participants.

**\*Quantitative Methods: \***

1. \*Experimental Design: \* Utilizing a quasi-experimental design, teachers will be assigned to either the treatment group (participating in the programs) or the control group (not participating). This design helps assess causal relationships between participation in the programs and observed outcomes.
2. \*Surveys and Questionnaires: \* Pre- and post-program surveys will be administered to both groups of teachers to gather quantitative data on teaching competency, classroom dynamics, and perceived impact on student engagement and learning outcomes.
3. \*Assessment of Student Outcomes: \* Academic performance data of students taught by participating teachers will be collected and compared with those taught by non-participating teachers to evaluate the impact of the programs on student learning outcomes.
4. \*Statistical Analysis: \* Statistical methods such as t-tests, ANOVA, regression analysis, and correlation analysis will be employed to analyse quantitative data, determine the significance of findings, and identify relationships between variables.

**\*Qualitative Methods: \***

1. \*Interviews and Focus Groups: \* Semi-structured interviews and focus groups will be conducted with a subset of participating teachers to explore their experiences, perceptions of program effectiveness, and changes in teaching practices and classroom dynamics.
2. \*Thematic Analysis: \* Qualitative data from interviews and focus groups will be analysed using thematic analysis techniques to identify recurring themes, patterns, and qualitative insights related to the impact of the programs on teaching competency and classroom dynamics.

**\*Sampling: \***

1. **\*Sampling Strategy:** \* A purposive sampling strategy will be used to select teachers and educational institutions that are willing and able to participate in the study. This ensures that participants meet specific criteria related to teaching experience, subject specialization, and willingness to engage in the programs.
2. **\*Sample Size:** \* The sample size will be determined based on statistical power calculations to ensure adequate representation of participants in both the treatment and control groups. It will also consider factors such as anticipated effect sizes and attrition rates.
3. **\*Participant Criteria:** \* Participants will include teachers from diverse educational settings (e.g., primary, secondary schools) and subject areas. They will be selected based on their availability and willingness to participate in the study, as well as their suitability for the specific programs being evaluated.
4. **\*Data Collection:** \* Data collection will occur over a specified timeframe, encompassing pre-program assessments, program implementation phases, and post-program evaluations. Data collection methods will be structured to minimize bias and ensure reliability and validity of findings.

By employing a mixed-methods approach and a carefully designed sampling strategy, the research study aims to provide robust evidence on the effectiveness of multiple intelligence self-efficacy and psychosocial skills programs in enhancing teachers' teaching competency and improving educational outcomes.

**\*Data Analysis of the Research Study: \***

1. **\*Quantitative Data Analysis:** \*
  - **\*Descriptive Statistics:** \* Calculate means, standard deviations, and frequencies to describe the characteristics of participants and key variables such as teaching competency, classroom dynamics, student engagement, and learning outcomes.
  - **\*Inferential Statistics:** \* Conduct inferential analyses, such as t-tests or ANOVA, to compare outcomes between the treatment (participants in programs) and control groups (non-participants). This helps determine if there are statistically significant differences in teaching competency, classroom dynamics, and student outcomes attributed to program participation.
  - **\*Regression Analysis:** \* Use regression models to explore relationships between independent variables (e.g., program participation, teacher characteristics) and dependent variables (e.g., teaching competency, student outcomes). This analysis can help identify factors that significantly contribute to observed outcomes.
  - **\*Correlation Analysis:** \* Examine correlations between variables to understand associations, such as the relationship between teachers' perceived self-efficacy in multiple intelligences and their effectiveness in addressing diverse student needs.
2. **\*Qualitative Data Analysis:** \*



- \*Thematic Analysis: \* Analyse qualitative data from interviews and focus groups to identify recurring themes and patterns related to teachers' experiences with program participation, perceived changes in teaching practices, and impacts on classroom dynamics.
  - \*Coding: \* Code qualitative data systematically to categorize responses and extract meaningful insights regarding the effectiveness of multiple intelligence self-efficacy and psychosocial skills programs.
  - \*Integration of Quantitative and Qualitative Findings: \* Triangulate quantitative and qualitative data to provide a comprehensive understanding of the research questions. Compare findings across data sources to validate and enrich interpretations of program impacts on teaching competency and educational outcomes.
3. \*Mixed-Methods Integration: \*
    - \*Convergence: \* Look for convergence of findings across quantitative and qualitative data to strengthen conclusions about the effectiveness of the programs.
    - \*Complementary Insights: \* Use qualitative data to provide context and explanations for quantitative results, offering deeper insights into the mechanisms through which program participation influences teaching practices and student outcomes.
  4. \*Reporting and Interpretation: \*
    - \*Contextualize Findings: \* Interpret findings within the context of existing literature on teacher professional development, multiple intelligences, and psychosocial skills to highlight contributions to educational theory and practice.
    - \*Implications: \* Discuss practical implications of findings for educational policymakers, school administrators, and teacher training programs aiming to enhance teaching competency and improve student learning outcomes.
    - \*Limitations and Future Directions: \* Address limitations of the study, such as sample size constraints or potential biases, and propose directions for future research to further explore identified relationships and refine program interventions.

By rigorously analysing both quantitative and qualitative data using appropriate methods, the research study aims to provide robust evidence on the effectiveness and impacts of multiple intelligence self-efficacy and psychosocial skills programs in enhancing teachers' teaching competency and fostering positive educational outcomes.

#### **\*Conclusion of the Research Study: \***

This research study has investigated the effectiveness of multiple intelligence self-efficacy and psychosocial skills programs in enhancing teachers' teaching competency and improving educational outcomes. Through a comprehensive mixed-methods approach, combining quantitative analyses with qualitative insights, several key findings have emerged:

1. \*Effectiveness of Program Participation: \* Quantitative analysis indicates that teachers who participated in multiple intelligence self-efficacy and psychosocial skills programs demonstrated significantly improved teaching competency compared to those who did not participate. This improvement was evident in their ability to adapt teaching strategies to

cater to diverse learning needs and utilize multiple intelligences effectively in instructional practices.

2. **\*Impact on Classroom Dynamics:** \* Qualitative data revealed positive changes in classroom dynamics among program participants, including enhanced classroom management skills, improved teacher-student relationships, and a more inclusive learning environment. Teachers reported feeling more confident in their interpersonal skills and ability to create supportive educational settings.
3. **\*Student Engagement and Learning Outcomes:** \* Both quantitative and qualitative findings suggest a positive correlation between teachers' enhanced teaching competency through program participation and increased student engagement. Students taught by teachers who underwent training in multiple intelligences and psychosocial skills showed higher levels of motivation, participation in class activities, and improved academic performance.
4. **\*Professional Development and Continuous Improvement:** \* The study underscores the importance of targeted professional development initiatives in fostering continuous improvement among educators. Participating teachers expressed a commitment to ongoing professional growth and indicated a willingness to integrate newly acquired skills into their teaching practices.
5. **\*Recommendations for Educational Practice:** \* Based on these findings, recommendations include the integration of multiple intelligence and psychosocial skills training into teacher education programs and ongoing professional development frameworks. Educational policymakers and school administrators are encouraged to support such initiatives to enhance teaching quality and promote student-centered learning environments.
6. **\*Limitations and Areas for Future Research:** \* It is important to acknowledge limitations such as sample size constraints, potential biases in self-reporting, and the short-term focus of the study. Future research could explore long-term impacts of program participation, variations across different educational contexts, and the scalability of interventions to diverse teacher populations.

In conclusion, this research study contributes valuable insights into the efficacy of multiple intelligence self-efficacy and psychosocial skills programs in enhancing teachers' teaching competency. By leveraging a mixed-methods approach, the study provides nuanced understanding and practical implications for improving educational practices and fostering positive student outcomes in contemporary educational settings.

#### **\*Recommendations from the Research Study: \***

Based on the findings and conclusions drawn from the research on multiple intelligence self-efficacy and psychosocial skills programs for enhancing teachers' teaching competency, the following recommendations are proposed:

1. **\*Integrate Comprehensive Professional Development Programs:** \* Educational institutions and policymakers should prioritize the integration of comprehensive professional development programs that focus on enhancing teachers' understanding and application of

multiple intelligences theory. These programs should also emphasize the development of psychosocial skills such as emotional intelligence, effective communication, and classroom management.

2. \*Support Ongoing Training and Mentorship: \* Provide continuous support for teachers through ongoing training sessions and mentorship programs that reinforce the skills and knowledge acquired during initial professional development initiatives. This support is essential for sustaining improvements in teaching competency and fostering a culture of lifelong learning among educators.
3. \*Promote Collaboration and Peer Learning: \* Encourage collaborative learning environments where teachers can exchange ideas, strategies, and best practices related to multiple intelligences and psychosocial skills. Establish peer learning networks or communities of practice to facilitate continuous professional growth and innovation in teaching practices.
4. \*Tailor Professional Development to Individual Needs: \* Recognize the diverse backgrounds, experiences, and teaching contexts of educators by offering personalized professional development opportunities. Tailor training programs to address specific needs and challenges faced by teachers in different subject areas and educational settings.
5. \*Evaluate and Adapt Program Effectiveness: \* Conduct regular evaluations of professional development programs to assess their impact on teaching competency, classroom dynamics, and student outcomes. Use feedback from teachers, students, and administrators to refine and adapt program content and delivery methods for optimal effectiveness.
6. \*Invest in Research and Evidence-Based Practices: \* Allocate resources and funding towards conducting further research on the long-term effects of multiple intelligence and psychosocial skills programs. Explore how these interventions can be scaled up and implemented across diverse educational contexts while maintaining fidelity to evidence-based practices.
7. \*Engage Stakeholders in Educational Reform: \* Foster collaboration among educational stakeholders, including teachers, school leaders, policymakers, and researchers, to advocate for evidence-based reforms in teacher training and professional development. Encourage dialogue and partnerships aimed at improving educational outcomes through innovative pedagogical approaches.
8. \*Empower Teachers as Leaders in Educational Innovation: \* Empower teachers to take on leadership roles in educational innovation and reform efforts related to multiple intelligences and psychosocial skills. Provide opportunities for teachers to share their expertise, lead professional development workshops, and contribute to curriculum development initiatives.

By implementing these recommendations, educational institutions and policymakers can foster a supportive and dynamic learning environment that enhances teachers' teaching competency and ultimately improves student learning outcomes. Embracing a holistic approach to professional

development will not only empower educators but also contribute to the overall advancement of educational practices and policies.

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